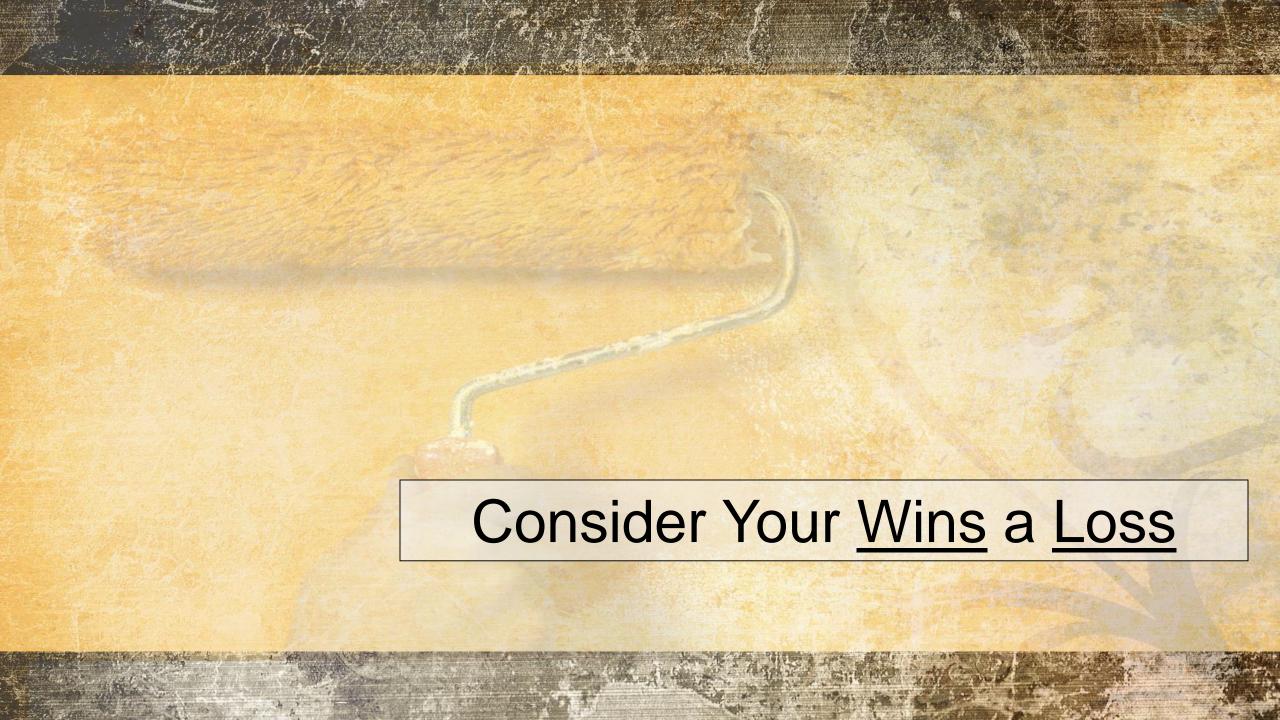


"For those whom he foreknew he also predestined to be conformed to the image of his Son, in order that he might be the firstborn among many brothers."

Romans 8:29



"For everyone who exalts himself will be humbled, and he who humbles himself will be exalted."

Luke 14:11



"Practice these things, immerse yourself in them, so that all may see your progress."

1 Timothy 4:15

