

Who Are Christians? – Worksheet

This worksheet is to help you understand Who You Are IN Christ. Go through the 5 Characteristics of a Christian to allow the Holy Spirit grow your faith and confidence in Jesus. The more you allow these truths to sink in, the more you will be able to rest in your status as a son or daughter of God.

5 Characteristics and Privileges of a Christian:

1. **Chosen in Christ** (vs. 4)

a. Read Ephesians 1:3-4

- i. According to verse 3, what blessings do you have in Christ?

- ii. According to verse 3, how many of these blessings do you have in Christ?

- iii. What does the reality of having these blessings mean for how good of a relationship you can have with Christ?

- iv. According to verse 4, when did God the Father choose you in Christ?

- v. According to verse 4, what did God the Father choose you in Christ to be?

- vi. What is God saying to your heart from these verses?

- vii. Is there anything that God is asking you adjust or change in your thinking or your actions in regards to Him choosing you?

2. **Adopted through Christ** (vs. 5)

a. Read Ephesians 1:5-6

- i. According to verse 5, what have you been predestined to?

- ii. According to verse 6, what is the price tag for what God the Father has given us in Christ?

- iii. If you have been adopted, what does that mean for what you are no longer?

- iv. How does it feel to know that the God of the universe (The Ultimate King) has adopted you to be His own child?
- v. Is there anything that God is asking you to adjust or change in your thinking and/or actions in regards to your status of being adopted into the family of God?

3. Redeemed in Christ (vs. 7)

a. Read Ephesians 1:7-10

- i. According to verse 7, what do we have redemption through?
- ii. According to verse 7, what happens when we are redeemed that is “in accordance with the riches of God’s grace”?
- iii. What are the different feelings you go through knowing that you have forgiveness of your sin and you have been bought back to be in God’s family? Explain.
- iv. Is there anything that God is asking you to adjust or change in your thinking and/or actions in regards to the fact that you have been redeemed?

4. Inheritance in Christ (vs. 11)

a. Read Ephesians 1:11-12

- i. According to verse 11, what have we obtained or received through being chosen, adopted, and redeemed?
- ii. According to verse 12, what are we predestined for?
- iii. What does it do to your heart knowing that you have an inheritance in Christ?
- iv. How do you think your inheritance in Christ compares to what you could work for here on earth?

- v. Is there anything that God is asking of you in regard to your thinking about the future you have with Him? Explain.

5. **Sealed in Christ** (vs. 13)

a. Read Ephesians 1:13-14

- i. According to verse 13, what happened to you once you believed in the gospel of your salvation?

- ii. According to verse 13 & 14, who is the deposit (or pledge) given to believers?

- iii. According to verse 14, what is the deposit for?

- iv. How does it make you feel, this truth that God marks you with His Spirit as a deposit for your future inheritance?

- v. Is there anything God wants you to change in how you have been thinking about His work in your life? Explain.

More Traits that Paul uses that Should Describe Christians:

- "faith in the Lord Jesus"
- "Love for all the saints"
- "a spirit of wisdom and of revelation in the knowledge of God"
- "eyes enlightened to know"

Church: *ekklesia*¹⁵⁷⁷: the called people, or those called out or assembled in the public affairs of a free state, the body of free citizens called together by a herald. (1) all who were called by and to Christ in the fellowship of His salvation, the church worldwide of all times. (2) an individual church.¹

¹ from The Complete Word Study Dictionary: New Testament © 1992 by AMG International, Inc. Revised Edition, 1993